

## **INTRODUCTION**

*(FOR CORPORATIONS & ASSOCIATIONS)*

My job is to introduce John Alston.

Typically, introductions review a speaker's resume and experience. However, were I to do that it would just slow us down in getting to the good stuff and you'd forget it all in ten seconds.

Besides, who cares that our speaker has appeared on the Oprah Winfrey Show, the Montel Williams Show, has hosted two PBS television specials and written four books?

Besides, if you really want to know the details on John you can call his mother... or visit his website at [JohnAlston.com](http://JohnAlston.com).

Instead, I'll just tell you we're about to spend some time with a man whose words and perspectives on life have guided many people and companies down new paths of performance and success.

John says we can change our lives by changing the way we think. He believes that each one of us has the power to change our attitude and initiate new habits instantly.

Ladies and gentlemen, please help me welcome our guest... author, coach, educator and Hall of Fame Speaker,

**Mr. John Alston!**